

Full Moon in Libra
Gaia Ritual for Ignota Books Mountain Pillar

April 6 2023

This ritual can be performed anytime, but ideally is done just before or on the Full Moon, or in the few days afterwards.

Gather:

A few small ish pieces of paper & pen

One blessing herb (basil from your kitchen cabinet is good enough! Or rose buds, or rosemary - what blessing herb calls you?)

Some seeds, unsalted and raw. Perhaps a few sunflower seeds, for example. No more than ¼ handful.

Prepare:

To sleep one night near a window or in a place where you can hear birdsong in the morning.

First Step:

Attune to the Moon:

- write 'the moon' on a piece of paper.

- get present to the goals and motivating elements in your life right now

stand up & walk in a circle around the moon, clockwise

You may play the shared playlist if you like; it's about 15 minutes long.

Now, write these questions, and any other questions or prompts that come to your mind, on little pieces of paper.

What qualities can I bring to the next moon cycle?

What energies and types of people and relationships are best to focus on?

What types of energies and colours are good to pay attention to?

What activities should I engage in to empower these goals?

When you go to sleep, place the papers and a sprinkle of the blessing herbs under your pillow.

Set your alarm for just before dawn, or, if you don't need an alarm, intend to wake before light.

When you wake up, listen to the birdsong like a meditation. Hear the birds speaking their language, in their communities.

Notice what you notice. Keep your mind and your senses open.

After some time (I suggest at least 20 minutes), get a journal and write out first thoughts or anything that stands out to you.

How have the birds advised you? What blessing have they brought in?

During the day, take some of the blessing herbs and the seed. Offer the herbs to a tree near where you listened to the birds, and offer the seed to the birds (not too much as it's best for birds to seek their own food direct from the local environment.) Offer your gratitude for their song and in honour of your relationship to the birds.

Burn all the paper and release the ash to the earth or the wind.

Also, give thanks to the moon throughout the day for charging your goals and illuminating your spellcasting.

